

ABSTRACT

A method for the preparation of tobacco, specifically a method for the preparation of tobacco having reduced contents of nicotine and tar by adding playcodi radix (broad bellflower), ginseng radix (*Panax ginseng*) and peach kernel (*Persicae semen*) or Eum-Yang-Kwak (dried leaves of *Epimedium* herbal tea (*Epimedium koreanum*)) into tobacco leaves which have been cut into a specified size to reduce the toxicity of tobacco, to remove the nicotine and tar contained in the tobacco and to improve the fragrance of tobacco, by which an improvement of health can be achieved by smoking the tobacco.